

# **5K for Healthcare**

#### Our Community is Stronger When Everyone Has Access to Care

In our community, neighbors help neighbors. Since 2012, that spirit of mutual support has powered Clackamas Free Clinic - Volunteers in Medicine, where healthcare professionals, community volunteers, and local organizations unite around a simple belief: everyone deserves quality healthcare, regardless of their ability to pay.

#### The Impact We're Creating Together

Every day, working families in our community face impossible choices between paying rent and seeing a doctor, between groceries and prescription medications. The Clackamas Free Clinic transforms these stories by creating a safety net built on community compassion and professional expertise.

In 2024 alone, our clinic community provided:

- 1,500 free medical, vision, and lab appointments
- Preventive care that keeps families healthy and productive
- Early intervention that prevents costly emergency room visits
- A pathway to wellness for neighbors who work hard but lack insurance options.

Our facility at on campus at Clackamas Community College positions us to serve even more people as healthcare needs continue to evolve.

#### **Real Stories, Real Impact**

"Clackamas Free Clinic is a big help to the community. Before, I didn't pay attention to my health, but I've learned a lot at the clinic. I quit smoking, drink more water, and take things more seriously. I would be dead if I wouldn't have received help here. Even though I've had insurance off and on over the years, I know I'm always welcome to come back if I need." — M.B., Clackamas Free Clinic patient

M.B.'s transformation represents hundreds of similar stories: neighbors who've regained their health, their hope, and their ability to contribute fully to our community. This is what becomes possible when we join forces.

On Sunday, September 28, we expect 250 participants to join us on campus at Clackamas Community College in Oregon City for our 5<sup>th</sup> Annual 5K for Healthcare + Pancake Breakfast. Enjoy a morning of movement, community, and pancakes all in support of Clackamas Free Clinic's essential healthcare services. You can help keep healthcare accessible to those who might otherwise go without, and foster the next generation of a compassionate healthcare workforce.

# Join the Movement: 5K for Healthcare + Pancake Breakfast Sponsorship Opportunities

Become a sponsor by September 1 to be included on event signage and shirts!

All sponsors will be recognized on our event website and newsletter!

#### \$250 - Friend

- Registration for 2 participants
- Recognition on event website

#### \$500 - Walker

- Registration for 3 participants
- Small logo on event t-shirts
- Logo on signage at starting line
- Verbal recognition at event kick-off

#### \$1,000 - Water Break

- Registration for 5 participants
- Medium Logo on event T-shirts
- Logo on signage at starting line
- Verbal recognition at event kickoff

## \$1,500 - Jogger

- Registration for 8 participants
- Prominent logo on T-shirts
- Logo on signage at starting line
- Verbal recognition at event kick-off
- Social media shoutout

Scan QR code for event website and registration



#### \$2,500 - Runner

- Registration for 10 participants
- Premium logo on T-shirts
- Logo on signage at starting line
- Verbal recognition at event kick-off
- Social media shoutout
- Tabling opportunities at event

#### \$5,000 - Title

- Registration for 15 participants
- Top-tier logo on T-shirts
- Logo on signage at starting line
- Verbal recognition at event kick-off
- Social media shoutout
- Premier informational table at event
- Opportunity to donate branded water bottles for swag bags

Sponsorship not the right fit this time?
There are still great ways to support!
Donate swag for our participant goodie bags, volunteer at the event, make a donation or share our mission with others

## **Questions? Want to get involved?**

Contact Alexi at ClackamasFreeClinic@clackamasvim.org or call 503-722-4400

